Antioxidant Screening: What's your Number?

Dear Patient,

We are committed to improving your health and the best approach is to be proactive. We know that consumption of certain vitamins and carotenoid antioxidants:

- Helps to promote wound healing
- Decrease risk of diabetic complications
- Decreases inflammation
- Improves nerve function and circulation
- Helps with Fungal Infections
- Maintains good eye health
- Decreases risk of macular degeneration
- Decreases risk of glaucoma

There is also strong evidence that abundant carotenoid antioxidants can:

- Slows the aging process
- Improves immune function
- Decreases risk of cancer
- Decreases risk of heart disease
- Improves skin, hair, and nail health

Yale University and the Dr. OZ Show recently discussed the importance of abundant antioxidant levels. However, measuring antioxidant levels in the blood costs between $300-$500.

Our practice has invested in a technology that is more accurate than blood and allows you to receive a non-invasive measurement of your carotenoids antioxidant levels. We can easily monitor your levels on a routine basis so you can work on improving your score with proper nutraceuticals, diet, and lifestyle.

In order to cover our cost, you will see a $30 fee added to your office visit, which includes your follow-up scan. We will rescan you in 60 days to see how you improve. This is a relatively easy number to improve within a couple of months.

Please initial one, Thank you.

___ Accept
___ Decline
___ To be discussed

To your health,

Dr. Alan Shih

Dr. Zuraida Zainalabidin