

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

## Antioxidant Screening: What's your Number?

Dear Patient,

We are committed to improving your health and the best approach is to be proactive. We know that consumption of certain vitamins and carotenoid antioxidants:

- Helps to promote **wound healing**
- Decrease risk of **diabetic complications**
- Decreases **inflammation**
- Improves **nerve function and circulation**
- Helps with **Fungal Infections**
- Maintains good eye health
- Decreases risk of **macular degeneration**
- Decreases risk of **glaucoma**

There is also strong evidence that abundant carotenoid antioxidants can:

- Slows the aging process
- Improves immune function
- Decreases risk of cancer
- Decreases risk of heart disease
- Improves skin, hair, and nail health

Yale University and the Dr. OZ Show recently discussed the importance of abundant antioxidant levels. However, measuring antioxidant levels in the blood costs between \$300-\$500.

Our practice has invested in a technology that is more accurate than blood and allows you to receive a non-invasive measurement of your carotenoids antioxidant levels. We can easily monitor your levels on a routine basis so you can work on improving your score with proper nutraceuticals, diet, and lifestyle.

In order to cover our cost, you will see a \$30 fee added to your office visit, which includes your follow-up scan. We will rescan you in 60 days to see how you improve. This is a relatively easy number to improve within a couple of months

Please initial one, Thank you.

- Accept  
 Decline  
 To be discussed

To your health,  
Dr. Alan Shih  
Dr. Zuraida Zainalabidin